



all day
8am-close

lunch
8am-5pm

breakfast daily 8am-1pm

eggs served with our famous home fried potatoes unless otherwise stated

French Toast \$12.95

thick cut Texas Toast topped with fresh fruit, powdered sugar & served with whipped butter & syrup

GF Basic Breakfast \$12.95

three eggs scrambled, bacon or sausage

GF Greek Scramble \$13.95

three eggs scrambled with spinach, tomatoes, kalamata olives & feta cheese
add avocado \$2

GF Huevos Rancheros \$14.95

three eggs over-medium, refried beans, tomatoes, green onions, roasted corn & black bean salsa with cheese on corn tortillas
add avocado \$2

GF Chilaquiles \$11.95

tortilla chips with a spicy salsa cruda, two eggs scrambled, cotija cheese garnished with sour cream
add carnitas pork \$5 | add avocado \$2

kids

Kids Eggwich \$6.95 (8-1pm)

toasted english muffin scrambled eggs, cheese served with fresh fruit

Frenchy's Toast \$6.95 (8-1pm)

Eggs & homefries \$6.95 (8-1pm)

Corn Dog \$7.95

served with french fries

Fish & Chips \$8.95

Chicken Strips \$8.95

served with french fries

Turkey & Cheese Sandwich

\$7.95

dessert

Coconut Cheesecake \$8

Banana Creme Pie \$8

Lava Cake \$8

Fried Calamari \$14.95

served with lemon, cocktail & tartar sauce

Gilroy Garlic Fries \$7.95

crispy fries tossed with gilroy garlic & parsley

GF Ceviche \$12.95*

tilapia cured in lime juice with tomato, cilantro, onion & pepper, served with corn tortilla chips

Sweet Potato Fries \$7.95

crispy fries served with a chipotle aioli

Ahi Poke \$15.95*

sashimi grade ahi mixed with a lemon wasabi citrus soy sauce tossed with macadamia nuts &

New England Clam Chowder

2016 Santa Cruz Chowder Cook-Off

Best Professional Boston Clam Chowder 2nd pl.

cup \$6.95 | bowl \$8.95

sourdough bread bowl \$11.95

quart \$19.95

Homemade Chili

cup \$6.95 | bowl \$8.95

sourdough bread bowl \$11.95

quart \$19.95

Asian Chicken Salad \$18.95

chicken marinated in a soy sesame ginger sauce, grilled and served atop mixed greens, mandarins, cucumbers, cabbage, carrots, sun flower sprouts & crispy wonton strips with peanuts and a Thai peanut dressing

GF Bay Shrimp Louie \$19.95

mixed greens, carrots, onions, tomatoes, cucumbers, avocado, hard boiled egg, celery & Louie dressing

GF Mixed Greens &

Gorgonzola \$15.95

balsamic vinaigrette, gorgonzola, glazed walnuts & fresh berries

Caesar Salad \$13.95

garlic croutons, shaved parmesan, classic dressing
add grilled chicken \$5

Ahi Soba Noodle Salad \$22.95*

ahi poke over organic soba noodles, mixed greens, cilantro, carrots, sunflower sprouts, red cabbage, grilled pineapple, ginger, edamamme topped with a Thai peanut dressing

Fish & Chips

\$18.95day/\$21.95dinner

Alaskan cod breaded and fried (not beer battered) served with french fries (+veggies dinner)

Seafood Platter

\$20.95day/\$24.95dinner

lightly breaded fish, coconut prawns & crispy calamari, served with french fries (+veggies dinner)

"TBA" Turkey, Bacon

Avocado Sandwich \$15.95

bacon, red onion, avocado, tomato, mixed greens with a pesto aioli on sliced whole wheat, served with coleslaw

Ideal Burger \$14.95

Braveheart black angus burger on a sesame bun, served with lettuce, tomato, sliced red onion and pickles on the side with french fries. add cheese \$1.50

Pulled Pork Sandwich \$14.95

fresh pork carnitas, BBQ sauce, red onion, asain coleslaw on a ciabatta roll with french fries

Seafood Melt \$15.95

shrimp, crab and green onion salad mixture grilled with jack cheese on sliced sourdough and served with coleslaw

Caprese Sandwich \$14.95

fresh mozzarella, onion, tomato, basil, pesto aioli & balsamic reduction, mixed greens served with coleslaw

GF Salmon Salsa \$21.95

salmon topped with a pineapple salsa, rice & veggies

dinner

5pm-close

Baby Back Ribs half rack \$18.95

pork ribs cooked tender & basted with a mesquite BBQ sauce served coleslaw with french fries

Ideal Pot Roast \$18.95

cross rib slowly roasted with onions, garlic and house seasoninings served with rich gravy, mashed potatoes & vegetables

GF Steak "Santa Cruz" \$27.95

8oz flat iron steak charbroiled and topped with sauteed prawns, artichoke hearts, scallions, mushrooms and a garlic bulb, served with mashed potatoes & vegetables

GF New York Simply Grilled \$28.95

12oz New York Steak charbroiled and served with mashed potatoes & vegetables

GF Island Seabass \$22.95

grilled seabass topped with a cilantro lime buerre blanc & roasted pineapple salsa served with coleslaw & island rice

GF Horseradish Salmon \$23.95

grilled salmon topped with a pineapple salsa, served with coleslaw & island rice

Ideal Chicken Parmesan \$20.95

breaded chicken served over penne with spinach, classic marinara and topped with jack and parmesan cheese in a basil pesto sauce

GF Chicken Castrovilla \$20.95

sauteed chicken seasoned with fresh herbs, then sauteed with garlic, olive oil and white wine, artichoke hearts, capers and olives served with mashed potatoes and vegetables

Ideal Fettucine Alfredo \$19.95

served classic style with a hint of nutmeg & black pepper
"PACIFICA STYLE" -- w/ crab, bay shrimp & scallions \$23.95

Pesto Chicken Penne \$21.95

chicken breast sauteed in olive oil, white wine, light cream, roasted garlic, basil, tomatoes and kalamata olives tossed with penne and topped with pine nuts and sundried tomatoes

Ideal Bar & Grill

106 Beach st. Santa Cruz

8 3 1 . 4 2 3 . 5 2 7 1

www.idealbarandgrill.com

www.idealbar@aol.com

espresso bar | patio dining

tiki bar | live music | special events